

Spring of Hope Ministries

UPCOMING SCHOOLS & SEMINARS

(Registration Open)
Call: 717.762.0234

Elijah House 201

Tuesdays, September 21 — December 14 @ 6:30 pm—9:30 pm
World Harvest Outreach, Chambersburg, PA

Elijah House 202

Thursdays, September 16 — December 16 @6:30 pm —9:30 pm
Spring of Hope Office, Waynesboro, PA

FUTURE SEMINARS

(Dates yet to be Determined)

TRAUMA —Healing the Devastating Effects of Trauma

"FROM CURSES TO BLESSINGS" Based on the book by
Ken & Jeanne Harrington

ACES —"Adverse Childhood Experiences"

"Dry Bones"

Fruit of this season such as a fresh garden tomatoes, corn on the cob, and peaches from the local orchard provide a tasty summer meal. The tastes and smells of the harvest signifying the season. The days not so hot, and the evenings cooler, but a lack of rain dries the landscape. As the new school year information arrives, preparations begin. All indicators that change is coming.

How do you feel about change? The adventurers embrace and anticipate. For others, hesitation and fear of the unknown stirs anxiety. Difficult past experiences influencing the present happenings. Life and the battles therein deplete leaving a very dry landscape in our lives sometimes without the possibility of vitality. The valley left full of dry bones. Ezekiel comes upon this scene in a vision. The valley is full of what looks like an aftermath of a horrible defeat with no survivors. Only bones strewn about the countryside. At times, life feels

this way. Rejection, shame, abandonment, feeling unworthy, self-condemnation, confusion, and the like causing difficulties. The battles endless and the defeat leave shambles of emotions, heartache, pain, and disappointment scattered about the landscape of life. Change, only means a possibility of more hurt.

With God, hopelessness is never the case in the change that He brings. In the valley where all seems lost, the Lord asks Ezekiel, **"Can these bones live?" [37:3]** The whole house of Israel viewed their lives as hopeless. The bones were dried up, lifeless and scattered. **"Behold, they say, 'Our bones are dried up and our hope is lost.'" [37:11]** Has the battle been too hard? The outcome hopeless? Here is what the Lord says, **"Oh dry bones, hear the word of the Lord. [37:4] Behold, I will make breath enter you so that you may come to life." [37:5]** I speak for the breath of the Almighty to come from the four winds and breathe on your situation, to breathe life and hope in to you. With God, all things are possible. —Melissa Varner, Administrator

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Three Locations:

Main Office:

- ♦ 230 S Potomac St;
Waynesboro, PA
717.762.0234

Satellite Offices:

- ♦ 1090 Wayne Ave.,
Chambersburg, PA
- ♦ 22 Mt. Rock Road,
Shippensburg, PA



SOH Golf Tournament Fundraiser

Friday, September 10th

Call: 717.762.0234



Deadline to register:
August 27th

Spring of Hope Ministries

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Suite C
Waynesboro, PA 17268

Phone: 717.762.0234
Email: office@springofhopepa.com

We are on the Web:
www.springofhope.org

"Ministering Life and Hope through Counseling and Teaching"

SOH Board Members: Rochelle Nolt, Chairperson — Brian Emery, Asst. Chair
Autumn Upole, Secretary — Lynn Eberly, Treasurer — Sam Rose, Member
Gretchen Wease, Member — Wayne Kuhns, Director — Melissa Varner, Administrator

Prayer Ministers: Kim Burkholder — Amber Kiefer — Ruth Kuhns — Wayne Kuhns
Rhoda Lehman — Wilma Martin — Wyatt Rebeck — Carlos Rosado — Melissa Varner

Receptionist Jessica Connor



"God's Personal Touch on our Life"

This resurrection life you received from God is not a timid, grave-tending life. It's adventurously expectant, greeting God with a childlike "What's next, Papa?" God's Spirit touches our spirits and confirms who we really are. We know who he is, and we know who we are: Father and children. And we know we are going to get what's coming to us— an unbelievable inheritance! We go through exactly what Christ goes through. If we go through the hard times with him, then we're certainly going to go through the good times with him! Romans 8:15-17 – (The Message)

While we are experiencing many changes in society today there are a few things that remain constant. One of these areas that remain

intact is how God continues to renew our personal spirit. When His Spirit connects with our personal spirit we begin to understand and know who we truly are! We understand how He sees us and we respond with joy and anticipation each day. Our personal spirit becomes alive and fully embraces who we are designed to be. Even when what we see, hear or feel happening around us we are not weakened nor negatively influenced by it. We will actually live with anticipation of what may be happening next because we know who "ABBA Father" is and we can trust His provision for us in every happening in life. The resurrection life that He has provided to us keeps us from becoming fearful and gives us an expectation of a life filled with hope and a bright present and

future. Even though there are discouraging events happening that seem hard or difficult to endure we can trust Him - knowing that there will also be good times that we will experience and He is with us then as well.

What an incredible time we live in today. When God's Spirit touches our personal spirit we are being salt and light to the world we live in. Let's embrace it and enjoy it to the fullest!
—Wayne L. Kuhns, Director

