

Spring of Hope Ministries

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AUGUST 2020

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“Loneliness is longing for Relationship with God and each other!”

Loneliness is described as **being characterized by feelings of being alone; in need of friendly companionship.** Frustration or disappointment in a situation or circumstance that we’re experiencing can cause a natural response to withdraw or isolate from others. Many times we will build a wall believing we are protecting ourselves from any further hurt or pain caused from others, but we end up behind that wall experiencing loneliness.

In scripture we are told that ***“It is not good for the man to be alone” (Genesis 2:18 NIV).*** We were designed to live and function closely in relationship with God and each other. When God created Adam He knew this; thus, He created Eve

to be his companion. We live in close proximity with many people, but yet there are many times that people continue to live feeling very lonely. With everything that we have been experiencing through our current circumstances of life, it is becoming easier and easier to isolate from each other. This is exactly opposite of what life is designed to be. What we often refer to as loneliness is really homesickness for a close relationship with God and other people. We’ve just never recognized it. We were made for a relationship with God - not a religion of fear, rules, regulations, and rituals, but a relationship where we

connect to God all the time and he works in and through us! This is the antidote to our deepest loneliness. Nothing is ever going to compensate for this - no person, no experience, no drug, no success, no thing nor any possession. Nothing is going to fill this aching hole in our heart that God created for himself. He wants us to know him. The real reason so many people are experiencing loneliness is because we’re sitting when we should be (con’t)

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INSIDE THIS ISSUE:

Board & Staff Members	1
Director’s Article	1
Fall 2020 Schools	1
Golf Tournament	2
Administrator’s Article	2

FALL 2020 Schools:

Elijah House 201 School

Spring of Hope Office,
Waynesboro
Tuesday Evenings
Sept 22 — Dec 15
6:30 pm — 9:30 pm

Elijah House 202 School

World Harvest Outreach,
Chambersburg
Tuesday Evenings
Sept 15 — Dec 15
6:30 pm — 9:30 pm
(Enrollment is Open)

Please Contact ...

the Spring of Hope Office for details: **717.762.0234**
Or email: **office@springofhopepa.com**

Class Applications and Brochures also available online at: **www.springofhope.org**



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 230 S. Potomac Street, Suite C
 Waynesboro, PA 17268
 Email: office@springofhopepa.com
 717.762.0234



Satellite Offices:
 1090 Wayne Ave., Chambersburg
 22 Mt. Rock Road, Shippensburg

“Sponsorship opportunities available!”



Be a part of what we do at Spring of Hope Ministries by becoming a sponsor for our Annual Golf Tournament Fundraiser! The generosity of supporters like you supplements clients who are reaching out to Spring of Hope for help with life's struggles. Sponsor forms available at www.springofhope.org or **717.762.0234**

(con't)
“Loneliness is longing for Relationship with God and each other!”

(con't) serving. All around is a world full of people who are lonely and waiting to be accepted, loved and cared for. The elderly person who hasn't had a visit recently, the teenager who is messed up and wonders, "What am I going to do with my life?" The family struggling with financial needs, the person who goes home every night to a lonely apartment, the widow who recently lost her husband, the person who heads to the bar every night after work because there's nothing else to do. We want to stop saying, "I don't have any friends!" and start saying, "Who can use my encouragement today?" What person can I show love and acceptance to?" When we commit to being a friend to lonely people, we'll live a significant life. This can be a

valid, worthy life goal. We will go through lonely times in our life, but we'll never go through it alone if we have an intimate relationship with God and a close relationship with others! We were not designed to be "lone rangers" in life living in "Rugged Individualism;" rather we are designed to be corporate! Find a place to get involved. Find a group where people get to know you and where you find support in tough times. Take a chance. Take a risk. Often others need our support as much as we need their support. Nothing is impossible when we set aside our own self-interests, selfishness and selfcenteredness, looking beyond ourselves to the interests of God and others. **This is God's design for mankind!**
—Wayne Kuhns, Director

How do you see yourself?

1. _____
2. _____
3. _____

What does God see when He looks at you?

1. _____
2. _____
3. _____

Jesus said, "On that day you will realize that I am in my Father, and you are in me and I am in you." [John 14:20] One of the most ingenious things that God has ever done is to put us in Jesus. When God looks at you, He sees Jesus.

So, how do you see Jesus?

1. _____
2. _____
3. _____

To see the truth of who you are, you must first see the truth of who Jesus is! **—Melissa Varner, Administrator**