

Spring of Hope Ministries

SOH Three Locations:

Main Office: 230 S. Potomac St. Waynesboro, PA
Satellite Offices: 1090 Wayne Ave., Chambersburg, PA
 22 Mt. Rock Road Shippensburg, PA

Administrator's Article	1
Team Members	1
Save the Date	1
Upcoming Seminars & Schools	1
Director's Article	2
Save The Date	2

Identity is key especially in today's world when the current events have the potential to stir fear. The Lord is not too weak or unaware of all that is happening in the world. Instead, He is pressing in to pursue wooing sons and daughters drawing them to Himself. Scripture says, ***"For the creation waits in eager expectation for the children of God to be revealed."*** [Romans 8:19] It is so very important that our identity in Christ is rooted.

A key element in the temptation of Jesus in the wilderness centers around the fact Jesus not only knew His identity but also was secure in His identity. Not only did He stand firm in His identity, he did not waiver when it was questioned. Satan said to Jesus, ***"IF you are the Son of God..."*** [Matthew 4:3,6] The two-letter word, "IF" brings into question His identity. ***"For our struggle is not against flesh and blood..."*** [Ephesians 6:12]

That includes our own doubts. If we listen to what the struggles say, we can hear the lies such as, "You are not good enough" or, "You have messed up too much." Doubt breeds unbelief which produces stress, depression, anxiety, relationship issues, and striving. Unbelief pushes us to perform to prove that we are good enough. Performance

IDENTITY IS KEY



says, "If I do enough, then I will be enough." Truth says, "You are already enough! Like Jesus, it is imperative that we know our identity is not based on the good things we do nor the worst things we have done.

We are in Christ. ***"For in Him we live and move and have our being."*** [Acts 17:28] We are created in His image. [Genesis 1:27] In other words, in Him, we are enough. Jesus has

"given you authority to trample on snakes and scorpions, [those lies we believe] and to overcome all the power of the enemy; nothing will harm you." [Luke 10:19] The truth will set you free. Not only are we made in His image, but God also says, ***"let them have dominion..."*** [Genesis 1:26] There are some things we do not have to battle. We may walk the journey to claim the land, but the victory is won. We take possession of the land. ***"...We are more than conquerors through him who loved us."*** [Romans 8:37] These keys of the Kingdom are available to you. [Matthew 16:19] And if you are not yet convinced here is one more, ***"I can do all things through Christ who gives me strength."*** [Philippians 4:13] In Him, YOU are so very powerful. Join us this spring in our upcoming Identity and Destiny Seminar to unpack living as kings and queens in the Kingdom of God. —Melissa Varner, Administrator

SOH Board Members:

Ron Pezon, Chair
 Sam Rose, Asst. Chair
 Gretchen Wease, Secretary
 Lynn Eberly, Treasurer
 Jocelyn Pence, Member
 Wayne Kuhns, Director
 Melissa Varner, Administrator

Receptionist:

Jennifer Sheeler

Prayer Ministers:

Kim Burkholder
 Lawrence Haller
 Wayne Kuhns
 Rhoda Lehman
 Wilma Martin
 Wyatt Rebeck
 Ray Rottler
 Melissa Varner
 Shauna Yockel

 Happy Thanksgiving



SOH Fundraising Banquet
 Monday, March 18, 2024

2024 Upcoming Seminars & Schools

INSTRUCTING A CHILD'S HEART

13-week parenting class
 Begins, January 16th
 Tuesdays 7:00pm - 8:30pm
 Spring of Hope Office, Waynesboro
Cost: \$199.00 per person
 Deadline to Register: January 9th

IDENTITY & DESTINY SEMINAR

Thursdays, 6:30 - 8:30pm
 Six Sessions
 February 22th - March 28th
 Spring of Hope Office, Waynesboro,
Cost: \$99.00 per person
 Deadline to Register: January 31st



Living our life “filled with Hope”

Jeremiah 29:11 (ESV) -- For I know the plans I have for you, declares the Lord, plans for welfare and not for evil, to give you a future and a hope.

We will all battle hopelessness at some point in our lives. And no matter who we are or what our situation, HOPE is one thing we all desperately need. It's easy to be worn down by hopelessness. People lose hope when they experience overwhelming loss, repeated failures, impossible situations, or when they're hurt by people they trust. But when we begin studying His Word and what it

says to us, we discover real hope. We learn why hope is important, and how powerful hope can be. It's what stabilizes our frantic thoughts and emotions – we become aware that there is no problem big enough to keep God from caring for us.

“Hope is powerful!” - It energizes and motivates us to take action by causing us to step out in faith and act in obedience according to the Bible. We believe fearlessly, choose courageously, communicate firmly and proceed fervently through each circumstance in our life.

Isaiah 40:31 (NASB) -- Yet those who wait for the LORD will gain new strength; They will mount up with wings like eagles, they will run and not get tired, they will walk and not become weary.

Hope is commonly used to mean a wish: its strength is the strength of the person's desire. But in the Bible hope is the confident expectation of what God has promised and its strength is in HIS faithfulness.

Romans 5:3-5 (NASB) -- and not only this, but we also celebrate in our tribulations, knowing that tribulation brings about perseverance; and perseverance, proven charac-

ter; and proven character, hope; and hope does not disappoint, because the love of God has been poured out within our hearts through the Holy Spirit who was given to us. Hope enables us to endure hardships and long waiting periods, and God uses these times to develop character and endurance in us. It's a positive expectation that something good is going to happen because of our hope in God's love and goodness.
—Wayne L. Kuhns - Director

“Ministering Life and Hope through Counseling and Teaching”



Spring of Hope Ministries

“We are a life-giving ministry designed to bring hope and purpose to those in need for the community at large. We seek to do this by facilitating the process of restoring broken relationships, hurting families, and healing of wounded lives through prayer counseling ministry and Biblically-based teaching.”

We Offer Prayer Counseling To:

Individuals – Married Couples

Children – Teens – Families

We Offer Prayer Counseling For:

Addictions – Burnout – Forgiveness – Depression – Fears & Phobias – Abuse – Anger/Rage – Generational Patterns – Performance Orientation – Emotional, Physical & Sexual Healing & much more.



Spring of Hope
Counseling

230 S. Potomac; Suite C
Waynesboro, PA 17268
Website: www.springofhope.org
Email: office@springofhopepa.com

«AddressBlock»