

Spring of Hope

May 2025
Volume 11, Issue 2



We Have Hope

Spring's beauty and vibrancy
inspires a deeper connection
with nature and our Divine
Creator.

Spring represents new
beginnings and growth.

*"I will be like the dew to Israel;
He shall grow like the lily,
And lengthen his roots like Lebanon.
His branches shall spread;
His beauty shall be like an olive tree,
And his fragrance like Lebanon."*

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Board of Directors

Chairman—Lynn Teach
Treasurer—Brian Kuhns
Secretary—Jocelyn Pence
Member—Lawrence Haller

SAVE THE DATE

for the fall Elijah House Heart Healing Schools
Heart Healing Essentials, Level 201 & Advanced Heart Healing, Level 202

September 2, 2025 – November 11, 2025

Course Format: Hybrid style school where students watch video teachings online followed by a weekly in person practicum. Practicums will be highly interactive and will be held on Tuesday evenings. Registration is open with a deadline of 7/29/2025.

Please visit our website for the cost and applications. You may email or mail your application with \$100.00 deposit to the address below or you may pay on the website giving page. Please contact the office for questions

Heart Healing Essentials 201

Location: Spring of Hope, Waynesboro

Facilitators: Kim Burkholder and Gretchen Wease

Weekly Meeting: 6:30pm – 8:00pm

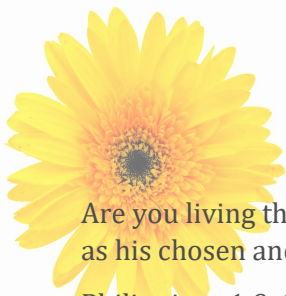
Advanced Heart Healing 202

Location: World Harvest, Chambersburg

Facilitators: Wilma Martin and Heather Martin

Weekly Meeting: 6:30pm – 8:00pm

717.762.0234
office@springofhopepa.com
www.springofhope.org



Common Vessel vs. Mercy Vessel

Gretchen Wease

Are you living the abundant life God has promised us as his chosen and set apart beloved?

Philippians 1:9-11 *"And it is my prayer that your love may abound more and more, with knowledge and all discernment, so that you may approve what is excellent, and so be pure and blameless for the day of Christ, filled with the fruit of righteousness that comes through Jesus Christ, to the glory and praise of God."*

Are you missing the abundant life? It's time to stop trying, striving, and simply checking the boxes, while hanging out in the camp of hopelessness, doubt, and despair. That's common, powerless living.

I recently had the opportunity to travel to Tennessee for a retreat. To be exact, it was an **Intensive Retreat**. What is an **Intensive Retreat**? It is a concentrated and thorough dive into the Word of God, with the purpose that our "moment-by-moment" lives be enriched by God's truth as we learn to walk maturely in a manner worthy of the calling of Jesus.

God called me to set aside this purposeful time, knowing that He would bring healing and greater freedom into my life. My heart expanded as the weight I carried was released by the Word of God. *Hallelujah!* Our Heavenly Father pursues us and we are made free by His Word! Finding His freedom isn't difficult, we don't work for it, rather very profoundly, and yet, so simply we choose to agree with God's Word, the Truth.

I imagine at this point, you're questioning, "Didn't you already believe and agree with the Bible?"

Counselors and Staff

Kim Burkholder

Lawrence Haller

Rhoda Lehman

Wilma Martin

Ray Rottler

Wyatt Rebuck

Freda Thomas

Gretchen Wease

Shauna Yockel

Office Manager—Elizabeth Hiatt

Director—Gretchen Wease



YES. But honestly, not all my words, thoughts, and actions agreed with what I professed to believe! Here is an example of common living; *"I must be perfect to be loved."* I've never said those words out loud, but my attitudes, actions, behavior, and the expectations I place on myself (and others) were evident of that I had come into agreement with this ungodly belief.

The very first day of the retreat, I sensed the Lord prompting me to reflect on the following questions. *"Do you see yourself correctly, in light of who I say you are? Do your thoughts, words, and actions line up with Truth—with who I AM?"*

Psalms 139:23-24 says, *"Search me, O God, and know my heart; Try me, and know my anxieties; And see if there is any wicked way in me, And lead me in the way everlasting."*

My friends, you and I are created in the image of Christ. We are **Chosen, Set Apart, Beloved, Heirs of God, and seated at the right hand of Christ**. We are called to new life as born again believers. When we choose to come into agreement with these truths, we will look different than the world and we will no longer be common vessels.

Our Great Counselor, the Holy Spirit directs us to **Recognize**, to confess and **Repent**, **Release** Forgiveness, **Reckon** as dead those lies, and to live, speak and behave in our **Resurrected**, truth life as vessels of mercy!

Oh Lord, continually guide us to turn away from self-gazing and to fix eyes solely on You.

Jean Trainer, Elijah House Prayer Minister, in teaching, 'Reconciliation' said, *"My agreement is everything. It's the expression of my free will. It is my return love song to God."*

1 Corinthians 2:10-12; 16—*"But God has revealed them to us through His Spirit. For the Spirit searches all things, yes, the deep things of God. For what man knows the things of a man except the spirit of the man which is in him? Even so no one knows the things of God except the Spirit of God. Now we have received, not the spirit of the world, but the Spirit who is from God, that we might know the things that have been freely given to us by God; For who has known the mind of the Lord that he may instruct Him?" But we have the mind of Christ."*

Choose to be a Vessel of Mercy!

We Honor You!

Mother and Father

May 11, 2025 – Happy Mother's Day to all the mothers, mother figures, mom's to be, and those longing to be a mother. To the Mama's who grieve over the loss of a child, we love you. May the Lord speak deeply to your heart as He delights over you.



June 15, 2025 – Happy Father's Day to all the dads, father-figures, daddy's to be, and those longing to be a dad. To the Papa's who grieve over the loss of a child, we love you. We give thanks for you and pray God's blessing over you.



God, guide us to find peace and serenity, and show us the way to overcome our fears and anxieties. Help us to find joy in the simple things. Allow us to show gratitude for life's blessings, to acknowledge and face life's challenges, and to ask for divine guidance and support. All honor and glory are Yours, now and forever. Amen.



Ministry updates and Financial Support Needed—

We are in the beginning stages of updating Spring of Hope's branding. Perhaps you took note of the revised mission statement in the first quarter newsletter. Last fall and winter, the board and I prayerfully refined our mission statement to bring greater clarity and alignment with the heart of Spring of Hope. In the last month, the board and I met with two local advertising and design companies seeking to strengthen our brand and digital presence through the help of professional services. We are waiting for their proposals before we move forward.

The ministry has thrived for 23 years, Praise the Lord! However, we recognize the need to improve the messaging, the importance of keeping our mission statement in line with our values while still capturing the targeted audience in today's world of technology.

We are seeking to update with consistency the following:

- ◆ Logo Design
- ◆ Brochure Designs
- ◆ Business Cards
- ◆ Website Redesign with potential future professional video testimonials

Please prayerfully consider how the Lord is calling you to help meet the costs of these needed improvements. The *estimated* costs may range up to \$12,500.00.



Checks may be mailed to Spring of Hope—230 S. Potomac St, Suite C—Waynesboro, PA 17268
Please note, "Branding Project" on the memo line of the check.

Thank you, Gretchen ❤️

Spring of Hope Mission Statement

We are a Christ-centered ministry called to facilitate inner heart healing.
Through prayer counseling and teaching we serve the hurting and the broken
with the goal of restored relationships between people and with the Father.

Spring of Hope Annual Golf Tournament

When: Friday, September 12, 2025—**Tee Time:** 9:00 AM—**Where:** Waynesboro Country Club

This annual event helps raise funds to meet the needs of families and individuals we serve in the region. At Spring of Hope, we have the honor of counseling individuals and families. Many do not have the financial ability to pay for their services; therefore, events like this help support the counseling center, allowing us to continue loving people through hope, healing, and restoration in the name of Christ Jesus.

Our hope is that you will consider participating in this year's event. We invite you to put this date on your calendar and invite others to participate! If you were a team leader last year, we encourage you to put together a team for a day of fun and relaxation on the golf course. The specific information about the event will be sent to you in **July**.

We are thankful for your participation in the past, and we are looking forward to your participation this year!

